



Forest Hills EFC
5183 Pebble Creek Trail
Loves Park, IL 61111

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May Newsletter

FHEFC Calendar

May 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>With the uncertainties of these days, we have published the calendar as previously planned. We have no way of knowing what the coming weeks are going to bring, so please check our website www.FHEFC.org for updates or email us at OFFICE@FHEFC.ORG</p> <p>At this time, we will not have in-person services until the Governor lifts the stay-at-home order. Please let us know if there are ways we can pray for you or be of service.</p>						<p>1 Pastor's Day Off</p>	<p>2</p>
<p>3 Lord's Supper 9:00 am Sunday School 10:00 am Fellowship 10:25 am Worship</p>	<p>4 Pastor's Study Day 9:30 am Ladies Bible Study</p>	<p>5 Pastor Teaches AM Cinco de Mayo</p>	<p>6</p>	<p>7</p>	<p>8 Pastor's Day Off</p>	<p>9 Men's Breakfast 8:00 am Mens Breakfast</p>	
<p>10 Mother's Day 9:00 am Sunday School 10:00 am Fellowship 10:25 am Worship</p>	<p>11 Pastor's Study Day 9:30 am Ladies Bible Study</p>	<p>12 12:00 pm Diaconate Mtg 12:00 pm Missions Mtg</p>	<p>13</p>	<p>14</p>	<p>15 Pastor's Day Off</p>	<p>16</p>	
<p>17 9:00 am Sunday School 10:00 am Fellowship 10:25 am Worship</p>	<p>18 Pastor's Study Day 9:30 am Ladies Bible Study</p>	<p>19 7:00 pm Council MTG</p>	<p>20</p>	<p>21</p>	<p>22 Pastor's Day Off</p>	<p>23</p>	
<p>24 9:00 am Sunday School 10:00 am Fellowship 10:25 am Worship</p>	<p>25 Pastor's Study Day Memorial Day</p>	<p>26</p>	<p>27</p>	<p>28 12:00 pm Goldenagers</p>	<p>29 Pastor's Day Off</p>	<p>30</p>	
<p>31 9:00 am Sunday School 10:00 am Fellowship 10:25 am Worship</p>							



**May
2020**

**Forest Hills EFC Messenger
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WWW.FHEFC.ORG

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**Birthdays
This Month**

If we have missed your birthday or someone else's, please contact the office to inform us.

- May 1 Joni Lownsdale
- May 3 Mitch Saylor
- May 5 Danny Lopez
- May 9 Linnea Baza
- May 11 Fred Gangel
- May 14 Tony Thode
- May 19 Rick Dray
- May 21 Kody Leathers
- May 26 Nicci Leathers
- May 28 Jack Allman

INFORMATION DEADLINES

Bulletin Announcements
Deadline for announcements, please email us or call by 10 a.m. Wednesday

Newsletter
Deadline for the Newsletter, please email by 17th of the month

MAY GOLDENAGERS
Please join us at noon for lunch at The Stockholm Inn on Thursday, **May 28th** for good food and fellowship.

May Events:



May 1st – May Day

A day of unity, togetherness, and rebirth; a day for everyone to come together and celebrate life.



May 5th

National Teacher Day

Eleanore Roosevelt tried to establish this official day to recognize teachers in 1953. It was not made an official National Day until 1980.



May 6th

National Nurses Day

The first day of Nurses Week which ends on May 12 – Florence Nightingale's birthday.



May 10th

Mother's Day

"Honor your father and your mother, that your days may be prolonged in the land which the Lord your God gives you.
– Exodus 20:12



May 25th

Memorial Day

Formerly known as Decoration Day, it legally became Memorial Day in 1967. It was originally celebrated on May 30, it was moved to the last Monday in May in 1971.

Facing Our Fears in Uncertain Times

As I write this, we are just over 4 weeks into our stay-at-home order due to the Covid-19 virus. By the time you are reading this, it will be at least 6 weeks into the stay-at-home order, and I am hoping we will be preparing to return to normal life. My fear is this order will be extended another two weeks or more. Many of the doom-and-gloomers are predicting at least a full summer of lockdown, and I am not sure how I will react to that scenario.

While the fear is real, and maybe even justified, what will we do when the time comes whether the news is good or bad? How much difference will it make, one way or the other?

Reality is going to have to be faced no matter what it looks like, which is going to force us to face our fears. What's going to happen to the world around us? What's going to happen to us personally? Let's consider some realities and how we will face them.

1. 70-80% of us will get the Virus

If you have been paying attention to the Doctors. The stay-at-home order has only delayed the progress of the virus. We will not prevent people from getting the virus, but we should be better prepared to help people when they do get sick. If there is a bright side, it is that 25% to 50% of us will show no serious symptoms.

2. Some of us will probably get very sick in the next 6 months to a year

If we are not among the fortunate ones who show little to no symptoms, then we will be among those who get sick and some of us may get extremely sick. There is almost certain to be those who need to be hospitalized.

3. Some of us will die in the next 12 to 18 months

As hard as it is to face the truth, it looks like 1% to 2% of people who get the virus will die from complications. In our small body of believers, we may be spared from direct consequences of the virus, but most of us are already on the down-hill side of our life span. Sooner or later, we are going to have to part, if only temporarily.

4. We are almost certainly headed for hard economic times

Perhaps scarier than the virus are the unintended consequences of trying to stop it. We have been locked away in our homes for nearly 6 weeks. The national and world economies have been largely dormant, and we have gone from one of the most robust economies in history to historical levels of unemployment. What's going to happen? The one thing I am sure of is we don't know, and anyone who says they know is at best making a hopeful guess.

What/Who are you putting your hope in?

With all this uncertainty and fearful news, who are we putting our trust in? The President? The Governor? The CDC? Dr. Fauci? Dr. Birx? All these are doing their best, but they don't know what is to come. They have done a good job of managing the unknowns, but they are still largely unknown. While they will have a large say in our lives, it would be foolish to think they have it all figured out.

Is there anyone who does have it figured out?

In fact, there is someone who knows all about what is going on these days. The scriptures tell us God knows all about this. He was in no way surprised by the last 6 weeks or the next 6 months.

Psalms 139:16 "Your eyes have seen my unformed substance; And in Your book were all written The days that were ordained *for me*, When as yet there was not one of them."

God knew what was coming & knows what is going to happen, and Jesus has a response to our fears and anxiety.

Matthew 6:25-34 "For this reason I say to you, do not be worried about your life, *as to* what you will eat or what you will drink; nor for your body, *as to* what you will put on. Is not life more than food, and the body more than clothing? ²⁶ Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and *yet* your heavenly Father feeds them. Are you not worth much more than they? ²⁷ And who of you by being worried can add a *single* hour to his life? ²⁸ And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, ²⁹ yet I say to you that not even Solomon in all his glory clothed himself like one of these. ³⁰ But if God so clothes the grass of the field, which is *alive* today and tomorrow is thrown into the furnace, *will He* not much more *clothe* you? You of little faith! ³¹ Do not worry then, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear for clothing?' ³² For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things. ³³ But seek first His kingdom and His righteousness, and all these things will be added to you. ³⁴ So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own."

If you want to be freed from your fears and anxieties, then you will have to learn to trust the promises of Jesus. His promise in Matthew 6: He cares for us and promises to provide for us. His solution to our anxieties is to whole heartedly pursue Him, His Kingdom and His righteousness, and He will take care of the rest, even if it means we have to pass through death. Will you trust Him and take Him at His word?

In His Grip & Grace
Pastor Mitch